



INSIDE

- Photos of the New Shakopee Residential Treatment Center
- More info, including how to make a referral

At NorthStar Regional, our purpose is to help those struggling with mental health or substance use disorders move forward in hope.

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New Men's Residential Treatment Center: Providing Hope and Healing in Scott County

NorthStar Regional is pleased to announce the opening of its 48-bed residential treatment center for men located in Shakopee, MN. This facility will provide treatment for co-occurring mental health and substance use disorders for adult men.

After two years of dreaming, planning and numerous twists and turns common in development and construction, the new facility is finally a reality. Now that those last-minute touches are complete, we are ready to welcome the first residents in mid-July 2019.

A Comfortable and Supportive Space

Our new three-story treatment center features administrative offices, a state-of-the-art kitchen, dining hall, a training room, admissions office, and a medical/psychiatry suite. The upper two floors contain double-occupancy rooms with private baths, group and individual treatment offices, common areas, and treatment tech offices.

Clients can expect the support, encourage-

ment, and the compassionate challenges that make long-term lifestyle changes possible.

Designed for Treatment

Our truly integrated co-occurring program treats each client holistically, addressing both substance use and mental health issues at the same time, with the same staff. The complex nature of co-occurring disorders requires careful planning and specialized knowledge in every aspect of treatment.

The foundation of our program is a well-designed individualized curriculum developed by one of NorthStar Regional's partners, Dr. Hal Baumchen. Our unique materials are simple to use and were created to maximize impact and establish mastery - all aimed at reducing mental illness symptoms and preventing substance use relapse.

A Growing Need

The need for treatment continues to rise as the prevalence of drugs widens in the community.

continues on page 2



Welcome to the NorthStar Regional Men's Residential Treatment Center!

New Men's RTC, cont. from page 1

According to a recent article by Southwest News Media, "Heroin, methamphetamine, marijuana and cocaine have a significant presence in Carver County, and of the four, only cocaine has decreased in the number of arrests and convictions, according to the officers."

This widespread drug use and its corresponding problems has prompted NorthStar Regional to expand residential and outpatient services in Carver and Scott counties including this 48-bed center for men in Shakopee and a 17-bed center for women in Chaska which opened in March 2019.



The center has 2 single and 22 double-occupancy bedrooms, each with a private bath.



Group rooms accommodate from 12 to 16 clients, and include large screen televisions for showing videos or presentations.

Integrated Care

Psychiatry services play an active and important role in the overall treatment of each client. It is our belief that medication and psychotherapy together often work better than just medications alone or therapy alone.

NorthStar Regional provides psychiatric services by licensed, board-certified professionals for clients in our co-occurring disorder treatment programs, and for clients receiving individual and group mental health therapy, as needed.

Following a comprehensive assessment, each client receives an individualized treatment plan. The client also attends mental health and substance use disorder treatment groups as well as receiving individual mental health counseling each week.



The lounge area on each housing floor provides a place for clients to gather and watch TV, play cards, or just have conversations.



Smaller seating areas on each floor provide spots for one-on-one conversations.

A New Chapter

People who come to our residential treatment centers have often had a long history of bad breaks, traumatic circumstances, and poor choices. A life of mental health and substance use problems is often accompanied by physical health issues, poverty, occupational pain, relational strain and criminal justice involvement. The life stories of our clients are often filled with discouragement.

Rather than just one more bad break, treatment is an opportunity to interrupt bad patterns, break down walls, and overcome even the most stubborn obstacles. Residential treatment presents a chance to rewrite the story with a better ending - a new chapter where health, healing, and making a contribution to friends and family becomes more than just wishful thinking.



The dining room accommodates up to 56 diners, served from the facility's commercial kitchen.

Expanding Hope

For NorthStar Regional, a new center is exciting, not merely because it creates more beds, but because high - quality, available treatment options bring hope. In a darkened life where discouragement and disappointment have become the norm, every ray of hope shines brightly.

The men's residential treatment center is an outreach into the community designed to break the chains of addiction, bring encouragement to the broken-hearted, and establish a life of healing and recovery. Together we make a difference.

Proud to be your partner

Here at NorthStar Regional, we are proud of the facilities and resources we make available and grateful to be part of the recovery community. People with substance use and mental health disorders can and do get better, and we are honored to be a part of their recovery journey.



Picnic tables on the treatment center's patio are a spot for outdoor dining or just getting some fresh air.



A medical observation bedroom is located on the first floor.

Making a Referral

To refer a client, schedule an assessment or learn more about our programs, please call **952.448.6557**. Clients who have recently completed any assessments should fax them to NorthStar Regional (**952.448.6047**) prior to their initial appointment.

NorthStar Regional's residential treatment programs are licensed by the Minnesota Department of Human Services (DHS) and accept Rule 25 funding. We also accept payment from most insurance plans, depending on the particular treatment program.



1045 Stoughton Avenue
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NorthStar Regional's Mission

The mission of NorthStar Regional is to provide kind, compassionate, and effective care for those with mental health and substance use disorders. We offer comprehensive, evidence-based treatment that addresses symptoms and behaviors, and the underlying conditions and causes.

Whether it's outpatient counseling, residential treatment, or ongoing recovery support, our continuum of care provides individualized solutions in a confidential, safe, and supportive environment. At NorthStar Regional, you'll find the respect you deserve and the hope and healing you need.

NorthStar Regional Residential Treatment Center Leadership Team

JASON VANDERSCOFF, LADC, is the CEO of NorthStar Regional.

THOMAS WINEGARDEN, MD, is the Medical Director of Stone Creek Psychiatry in Chanhassen, MN, and the Medical Director of NorthStar Regional. He is a Board-Certified Adult and Addictions Psychiatrist.

HAL BAUMCHEN, PSYD, LP, LADC, is the President and Clinical Director of NorthStar Regional. He is a Licensed Clinical Psychologist (LP) with over 30 years of counseling experience.

BRIAN LOOTS, LADC, is the Chief Operations Officer of NorthStar Regional and oversees all programming for the organization.

LEA ATKINSON, LPCC, LADC, is the program director for the Men's Residential Treatment Center in Shakopee.

Thank You To Those Who Helped Make This New Building a Reality

NorthStar Regional would like to especially thank Scott County, the City of Shakopee, Jason Palmby, Craig Scherber, and our owners, directors and staff who have worked on the project.