



Jaclyn Vonnahme, MS, LPCC

Telehealth Only

Jaclyn Vonnahme is a Licensed Professional Clinical Counselor (LPCC). She graduated from Winona State University where she earned her bachelor's degree in Psychology and her master's degree in Clinical Mental Health Counseling. Her clinical interests include trauma, anxiety, depression, addiction, chemical dependency, and relational difficulties. Jaclyn values the therapeutic relationship and enjoys using humor to connect with her clients. She uses Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), mindfulness, and Trauma-Focused CBT with her clients.



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Works with: Adolescents, Adults

Anxiety, Depression, Chemical Dependency, DBT Skills, Mental Health Assessments, Relationship Issues, Suicidal Ideation, Self-injury, Trauma/PTSD

