

## MAKING A REFERRAL TO INTENSIVE OUTPATIENT

Serving adults, all genders. Programming is a combination of 20 units of licensed treatment per week Mon-Fri. We offer recovery residence support when clinically indicated, with a recovery residence partner while they are attending treatment with us. *In response to the COVID-19 pandemic programming is provided via hybrid groups a combination of in-person and telehealth. As needed, clients can be accommodated on site. To ensure the safety and comfort of all persons that are onsite, screening, physical distancing and sanitation guidelines are being strictly followed.*

### Locations:

1. **3Rs NUWAY Counseling Center** 1404 Central Ave NE Minneapolis, MN 55413 (AM & PM Tracks)  
**Hanna Smith, Admissions Supervisor** ([3rs.admissions@nuway.org](mailto:3rs.admissions@nuway.org)) (O) 612-789-8030 (F) 612-789-8087  
 Admissions Counselors: Nicole Salzl, Rebecca Velline and Brian Wilton  
*Community Relations Manager, Crystal Caruso [crystal.caruso@nuway.org](mailto:crystal.caruso@nuway.org) (O) 651-204-3433*
2. **2118 NUWAY Counseling Center** 2118 Blaisdell Ave S Minneapolis, MN 55404 (AM & PM Tracks)  
**Deb Huizenga, Admissions Supervisor** ([2118.admissions@nuway.org](mailto:2118.admissions@nuway.org)) (O) 612-235-4677 (F) 612-872-8855  
 Admissions Counselors: Jackson Hutchins, Eva Pickeral, Sydney Stallings  
*Community Relations Manager, Amy Stephan [amy.stephan@nuway.org](mailto:amy.stephan@nuway.org), (O) 612-276-6497*
3. **NUWAY–University Counseling Center** 1246 University Ave W St. Paul, MN 55104 (AM Track)  
**Shelly Stangl, Admissions Supervisor** ([Stpaul.admissions@nuway.org](mailto:Stpaul.admissions@nuway.org)) (O) 651-404-2000 (F) 651-383-4537  
 Admissions Counselors: Jac Clingerman, Abby Stordahl and Kris Hays  
*Community Relations Manager, Jake Lewis [jake.lewis@nuway.org](mailto:jake.lewis@nuway.org) (O) 763-390-0107*
4. **NUWAY–Rochester Counseling Center** 300 11<sup>th</sup> Ave NW, Suite 112 Rochester, MN 55901 (AM Track)  
**Carrie Madson, Program Manager & Admissions** ([Rochester.admissions@nuway.org](mailto:Rochester.admissions@nuway.org)) (O) 507-225-0400 (F) 507-208-7737  
*Community Relations Manager, Crystal Caruso [crystal.caruso@nuway.org](mailto:crystal.caruso@nuway.org) (O) 651-204-3433*
5. **NUWAY–Duluth Counseling Center** 4615 Grand Ave W, Suite 300 Duluth, MN 55807 (AM Track)  
**Angela Gilbertson, Program Manager & Admissions**  
 ([Duluth.admissions@nuway.org](mailto:Duluth.admissions@nuway.org)) (O) 218-207-2130 (F) 218-600-5485  
*Community Relations Manager, Jake Lewis [jake.lewis@nuway.org](mailto:jake.lewis@nuway.org) (O) 763-390-0107*
6. **COMING SOON! NUWAY–St. Cloud Counseling Center** 1420 West St. Germain Street, Suite 104/105 St. Cloud, MN 56301 (AM Track)  
*Community Relations Manager, Jake Lewis [jake.lewis@nuway.org](mailto:jake.lewis@nuway.org) (O) 763-390-0107*
7. **COMING SOON! NUWAY-Mankato Counseling Center** 802 South Front Street, Mankato, MN 56001 (AM Track)  
*Community Relations Manager, Amy Stephan [amy.stephan@nuway.org](mailto:amy.stephan@nuway.org), (O) 612-276-6497*

Please include the following information when sending a referral to any of the intensive outpatient programs:

- Original or updated Rule 25 completed within the last 45 days with updated patient demographics
- Diagnostic Assessment (if available)
- Updated treatment plan/progress notes
- Insurance information
- Recovery residence placement if applicable-Contact NUWAY for list of partners or visit <https://www.nuway.org/provider-partners/>



**NUWAY's programs are accredited by The Joint Commission, co-occurring & trauma informed, GLBTQIA+ and MAT friendly.**

# MAKING A REFERRAL TO RESIDENTIAL

## NUWAY I, II, III

**NUWAY I & II** (Adult men and transgender persons) have a total of 61 beds of medium intensity, co-occurring residential treatment located in south Minneapolis. Appropriate clients must have a 4 or higher in Dimensions 4, 5, or 6.

**NUWAY III** (Adult women and transgender persons) has a total of 31 beds of medium intensity, co-occurring residential treatment located in south Minneapolis. Appropriate clients must have a 4 or higher in Dimensions 4, 5, or 6.

Contact the residential admissions team regarding questions, bed availability, scheduling beds, client questions, etc.

### Residential Admissions Team:

- David Joubert, Residential Admissions Supervisor
- Betsey Degree, Residential Admissions Counselor
- Katie Smith, Residential Admissions Counselor
- Tylor Christensen, Residential Admissions Coordinator

**Admissions Phone: 612-767-0309**

**Fax: 612-870-3796**

**Email: [Residential.admissions@nuway.org](mailto:Residential.admissions@nuway.org)**

*Community Relations Manager, Amy Stephan [amy.stephan@nuway.org](mailto:amy.stephan@nuway.org), (O) 612-276-6497*

Fax is the preferred method for referrals - **PLEASE CALL THE ADMISSIONS TEAM AFTER YOU HAVE FAXED THE REFERRAL TO ENSURE TIMELY PLACEMENT**

Including the following information when referring to residential will expedite the process:

- R25 or Update completed in last 45 days; if sending an Update, include original R25
- Discharge Summary, if applicable
- Commitment paperwork, if applicable
- Release (s) of Information
- Medications, if applicable
- Funding (include county, name of funder, their phone and fax numbers)



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the Gables

## MAKING A REFERRAL TO RESIDENTIAL

### *Cochran Recovery Services and The Gables*

**Cochran Recovery Services** (Adult men and transgender persons) has a total of 42 beds of medium intensity, co-occurring residential treatment located in Hastings, MN. Appropriate clients must have a 4 or higher in Dimensions 4, 5, or 6.

**Admissions Phone: 651-437-4209 or 612-767-0309      Fax: 612-870-3796**

**Email: [Residential.admissions@nuway.org](mailto:Residential.admissions@nuway.org)**

*Community Relations Manager, Crystal Caruso [crystal.caruso@nuway.org](mailto:crystal.caruso@nuway.org) (O) 651-204-3433*

**The Gables** (Adult women and transgender persons) has a total of 30 beds of medium intensity, co-occurring residential treatment located in Rochester, MN. Appropriate clients must have a 4 or higher in Dimensions 4, 5, or 6.

**Admissions Phone: 507-282-2500 or 612-767-0309      Fax: 507-282-6036**

**Email: [Residential.admissions@nuway.org](mailto:Residential.admissions@nuway.org)**

*Community Relations Manager, Crystal Caruso [crystal.caruso@nuway.org](mailto:crystal.caruso@nuway.org) (O) 651-204-3433*

Contact the residential admissions team regarding questions, bed availability, scheduling beds, client questions, etc. **Residential Admissions Team:**

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- Medications, if applicable
- Funding (include county, name of funder, their phone and fax numbers)

***Cochran and The Gables programs are co-occurring & trauma informed, GLBTQIA+ and MAT friendly.***