



January 13th 2022

Greetings,

Included please find updated materials for Meridian Behavioral Health, Beauterre Recovery Institute and New Beginnings of MN IOP.

Included is the most up to date contact information we have for all 12 of our Residential Treatment Programs & our 8 Intensive Outpatient Programs, all located within Minnesota. I have also included our contact information for the Access Teams phone number & email address to make easy referrals for your patients to get the help and care they need. If patients wish to see our locations, I have included our website addresses as well.

Prior to the June 2022 change to Direct Access, we are already complying with this new directive. Until that time, we are still accepting Rule 25 assessments.

All of us at Meridian Behavioral Health want to thank you and let you know how much we appreciate your referrals and continued partnership in treating Substance Use Disorder and Mental Illness.

If you would like to be added to our Bed Availability Update that is sent every Wednesday, please email me your email address and I will gladly add you to the list. If you ever have a question or concern, please feel free to contact me anytime.

Thank you again,

Sincerely

Scott Ampe

Marketing & Business Development Representative

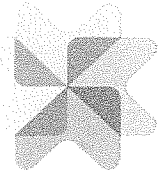
550 Main St.

New Brighton, MN 55112

Main: 612-454-2306

Cell: 320-247-1882

scott.ampe@meridianprograms.com



MERIDIAN BEHAVIORAL HEALTH



Website Links for Meridian Behavioral Health's Residential & Intensive Out-Patient programs.

New Beginnings of MN Intensive Out-Patient, &
Waverly Residential programs for Men & Women

<https://nbminnesota.com/>

Meridian Behavioral Health

<https://www.meridianprograms.com/programs/residential-inpatient-programs/>

Beauterre Recovery Institute.

<https://beauterre.org/>

(Copy and paste into your browser)

**Please call 877-367-1715 to contact our Access Team or
email directly to CARC@meridianprograms.com for any
Admission questions.**



New BeginningsTM

Minnesota

Quality treatment. Lifetime recovery. Personal care.

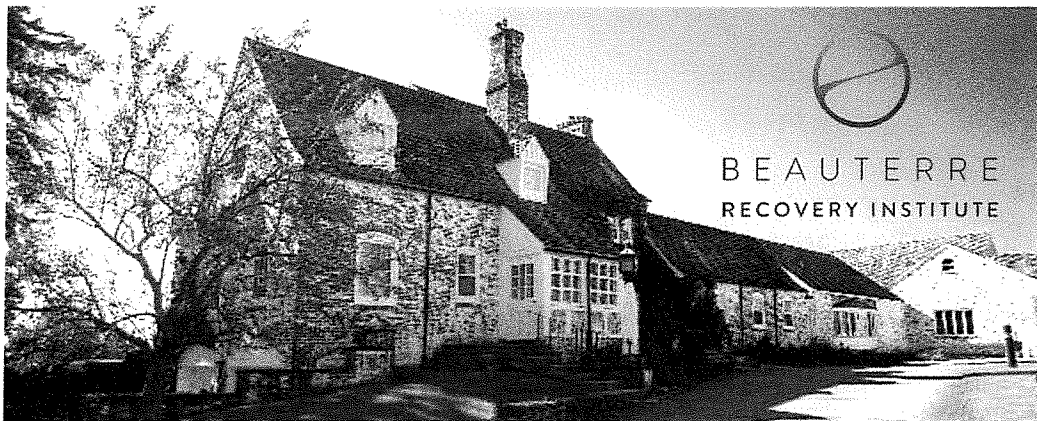
Don't Forget About Our Intensive Out Patient Programs at
9 locations throughout Minnesota.

For referrals call **612-326-7579**; Fax: **651.647.9147**

New Beginnings IOP locations;

Eagan, MN	3470 Washington Ave #165	651-454-2248
Minnetonka, MN	11900 Wayzata Blvd. #100	612-454-2011
Stillwater, MN	1825 Curve Crest Blvd #103	651-351-9325
St Paul, MN	1821 University Ave West #385	612-326-7602
Elk River, MN	19230 Evans St NW #203	612-454-2011
Litchfield, MN	114 North Holcombe	320-693-2461
Olivia, MN	104 So. 4 th Street	320-400-0001
St Peter, MN	320 Sunrise Drive #B	507-931-0918

**OFFERING NUMEROUS
OUTPATIENT
PROGRAMS &
CHEMICAL HEALTH
ASSESSMENTS**



Welcome to...Beauterre Recovery Institute **Your addiction treatment partner**

WELCOME TO BEAUTERRE

- Beauterre Recovery Institute (BRI) is a CARF accredited, state-of-the-art, 61 bed residential addiction treatment center located on 182 acres of pristine prairie in Owatonna, MN
- Warm, country-side environment ideally suited for healing and recovery
- Offers a fresh, innovative, patient-centric and holistic treatment philosophy
- In addition to a strong focus on substance use disorder treatment and on-site mental health services, BRI integrates health and wellness structure into each personalized care plan

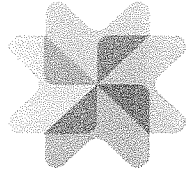
THE BEAUTERRE EXPERIENCE

- Responsive, personalized care that embraces evidence-based best-practices including dual-diagnosis capabilities, specialized programming and active nursing care
- Personalized care plans integrating multiple treatment modalities
- Specifically, tailored treatment...
 - *Residential Treatment*
 - Integrating multiple treatment modalities
 - Aftercare monitoring and case management
 - Relapse Prevention
 - *Professionals*
 - Licensed Professionals Program - Doctors, Nurses, Lawyers, Pilots
 - Includes return-to-work assessments and board specific reporting
- Data-driven approach to care, identifying the individual needs of each patient...
 - Offering chemical, medical, dietary and health and wellness assessments
 - On-site psychiatric evaluation and psychological-emotional-behavioral functioning assessments
- Health & Wellness Therapies focused on the mind, body, and spirit...
 - Embracing the holistic health of each patient through the use of mindfulness meditation, gratitude groups, smoking cessation, weekly yoga groups, and available massage and acupuncture

DUAL-DIAGNOSIS CAPABILITIES

- BRI is licensed to treat individuals with co-occurring disorders (MI/CD Licensed) including strong on-site mental health support and services focused on the whole person
- Provide medication management and narcotic replacement therapy
- Depending on the needs of each patient, BRI offers an eclectic approach to care including therapeutic approaches such as *Motivational Interviewing, CBT, Recovery Maintenance Education, DBT, Grief and Loss, Family Education, and Pharmacological Therapies*
- Aftercare planning and support – offering information and coordination for a broad scope of community-based support programs, including *Health Realization, SMART Recovery, and 12-Step* support groups

Call to learn more at 1.855.211.5869 or FAX us at: 612.454.2183
Visit our website at www.beauterre.org



MERIDIAN BEHAVIORAL HEALTH



Please call 877-367-1715 to contact our Access Team or email directly to CARC@meridianprograms.com for any Admission questions.

Residential Treatment Facilities

- | | |
|--|--|
| Cedar Ridge Men's Program – Stillwater | Oakridge Men's Program – Rochester, MN |
| *Twin Town Men's Program – St Paul | Lake Shore Men's Program – Mahtomedi, MN |
| Douglas Place Men's Program E. Grand Forks | Douglas Place Woman's Program – E. Grand Forks |
| New Beginnings Men's Program – Waverly | New Beginnings Woman's Program – Waverly |
| Tapestry Women's Program – St Paul | Meadow Creek Women's Program – Pine City |
| Latitudes LGBTQ Program – St Paul | Bridge Recovery Men's Program – Sauk Rapids |
| Beauterre Recovery Institute – Owatonna | New Beginnings of MN IOP Program – 8 locations |

7 Men's Programs, 4 Women's Programs, 1 LGBTQ Program, 1 Professional's Program

ABOUT MERIDIAN BEHAVIORAL HEALTH

Based in the Minneapolis-St. Paul Twin Cities area, Meridian Behavioral Health is one of the fastest growing, leading behavioral healthcare platforms in the country. Meridian provides mental health and substance use treatment services across a broad continuum of care, which includes in-patient, residential, out-patient and medication-assisted treatment. Today, Meridian has 3 brands with over 19 locations throughout Minnesota. For more than 27 years, Meridian has developed and refined an innovative, evidence-based, "addictive disease" care model. And this innovative care model, treatment center network and corporate infrastructure have allowed it to rapidly expand, positioning the company and our communities well to continue to reach those in need.

** Twin Town accepts level 3 predatory offenders on a case-by-case basis at the discretion of the director. Population served policy states we only accept up to Level 2 yet the director can approve beyond that if clinically warranted.*