



Men's Residential Treatment Program in Otsego

Courtyard

Our high-intensity Men's Residential Co-Occurring Treatment program involves a live-in treatment facility that provides therapy for substance abuse, mental health, and medical services.



NorthStar Regional provides integrated substance use disorder treatment and mental health care with a high-intensity, multidisciplinary team. There are 2 pillars that make us stand out above others: Mental Health, and Counseling/Treatment.

COUNSELING/TREATMENT DETAILS

- 245G Licensed
- Live-in Treatment Program
- 30-day Program on average
- Group sessions include Primary, Mental Health Recovery Group, Foundations of Recovery, Family Education, Daily Meditation, Step Study, Art Therapy, Health & Wellness and ongoing Recreational Activities.
- Individual sessions are scheduled for each client weekly. Sessions include Nursing, Mental Health, and Chemical Dependency.
- Total program hours: 32 hours of group therapy and educational components.

FACILITY DETAILS

- 62 beds available
- Single and double-occupancy rooms
- Each room has a private bath
- 32 acres by the Mississippi River
- Great Amenities: indoor workout facilities, frisbee golf, sand volleyball, indoor/outdoor basketball courts, walking trails, meditation areas and much more



**We accept major insurances
as well as public funding**

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