



Co-Occurring Intensive Outpatient Program

Our Co-Occurring Intensive Outpatient (IOP) Program is an intensive form of substance abuse disorder and mental health treatment for men and women. NorthStar Regional offers both morning and evening programming hours, consisting of group therapy and individual counseling.



NorthStar Regional provides integrated substance use disorder treatment and mental health care with a high-intensity, multidisciplinary team. There are 2 pillars that make us stand out above others: Mental Health, and Counseling/Treatment.

COUNSELING/TREATMENT DETAILS

- 245G Licensed
- 3 - 5 sessions a week
- Medical services
- Group and individualized therapy
- Individualized treatment plan
- Intensive outpatient and continuing care services
- Day and evening hours
- Comprehensive assessments and direct access are available at locations and by appointment

The individual will go through Dimensions 1 - 6 which help them get back into society.

Located:

1045 Stoughton Ave
Chaska, MN 55318

7384 Kirkwood Ct N, Suite 200
Maple Grove, MN 55369



We accept major insurances as well as public funding

Different Locations
Main: 1-833-677-4673 Fax: 952.448.6047
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