

# Elite Affirm

SPECIALIZED RECOVERY SERVICES FOR LGBTQIA+

*Introducing Elite Affirm!  
Specialized Recovery Services for LGBTQIA+*

**bold  
unfiltered  
no judgement  
relevant  
safe**

*LGBTQIA+ Specific Substance Use  
IOP Groups now accepting intakes  
at Elite Recovery*

REFER ONLINE AT  
[WWW.ELITERECOVERYMN.COM](http://WWW.ELITERECOVERYMN.COM) OR  
CALL MICHELLE AT 651-728-1816

**\*\*\$550 Rent Stipend Program available, please ask for further details\*\***

Elite Affirm's curriculum was developed to address the specific needs of LGBTQIA+ individuals and the LGBTQIA+ community - as a whole. Aligning with the mission of providing substance use disorder treatment services with dignity and respect for each individual's journey; Elite Recovery Affirm will continue to hold space for authenticity, compassion, and hope - going further to provide a space that is not only welcoming but affirming.

Elite Affirm will provide services to **all** genders, differing from Elite Recovery's Men's Program and Elite Empowers Women's Program. Elite Affirm will continue to maintain the high standards of service delivery while amplifying the voices of an already marginalized community.

Remaining true to the core standards of Elite Recovery, Elite Affirm will provide Intensive Outpatient (IOP) services for individuals who are 18 years and older who struggle with substance abuse and mental health issues. This culturally specific program will also dedicate space for psychoeducation surrounding topics such as, but not limited to:

- Sexual Health & Intimacy.
- HIV/STI.
- Intersectionality between substance use and high-risk behaviors.

- Family systems.
- Historical/Cultural trauma(s).
- Nutrition & Body Image.

Utilizing evidenced based practices such as Seeking Safety, Narrative Therapy, and Cognitive Behavioral Therapy (CBT); Elite Affirm will also instill a sense of autonomy and locus of control with the individuals it serves; dedicating space for clients to feel safely heard with affirming compassion.

Elite Recovery, LLC | 1137 Grand Avenue, St Paul, MN 55105

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