



NUWAY Alliance programs provide adults with high-quality, evidence-based treatment for substance use and co-occurring mental health disorders. We offer residential, intensive outpatient, and outpatient treatment programs in the Twin Cities, Rochester, Duluth, St. Cloud, and Mankato. All our programs are co-occurring, trauma informed, GLBTQIA+, and MAT friendly.

Scheduling an Admission

RESIDENTIAL TREATMENT

Medium Intensity (ASAM 3.1), 20 clinical contact hours per week with programming from 8:30am-2:00pm, may be eligible for passes.

FOR INDIVIDUALS IDENTIFYING AS MEN, RESIDENTIAL PROGRAM OPTIONS ARE:

NUWAY I

2200 First Avenue South, Minneapolis, MN 55404

NUWAY II

2518 First Avenue South, Minneapolis, MN 55404

COCHRAN RECOVERY SERVICES

1294 18th Street East, Hastings, MN 55033

FOR INDIVIDUALS IDENTIFYING AS WOMEN, RESIDENTIAL PROGRAM OPTIONS ARE:

NUWAY III

2104 Stevens Avenue South, Minneapolis, MN 55404

THE GABLES

604 5th Street SW, Rochester, MN 55902

Contact Residential Admissions at:
(O) 612-767-0309 (F) 612-870-3796
Email: residential.admissions@nuway.org

INTENSIVE OUTPATIENT WITH OPTIONAL RECOVERY RESIDENCE SUPPORT

Programming is Mon – Fri, 20 clinical units per week, recovery residence option available for those assessed as in need of housing (ASAM 2.1).

3RS NUWAY COUNSELING CENTER

1404 Central Ave NE, Minneapolis, MN 55413 (AM & Telehealth Track)

(O) 612-789-8030 (F) 612-789-8087

3rs.admissions@nuway.org

2118 NUWAY COUNSELING CENTER

2118 Blaisdell Ave S, Minneapolis, MN 55404 (AM Track)

(O) 612-235-4677 (F) 612-872-8855

2118.admissions@nuway.org

NUWAY-UNIVERSITY COUNSELING CENTER

1246 University Ave W, St. Paul, MN 55104 (AM Track)

(O) 651-404-2000 (F) 651-383-4537

Stpaul.admissions@nuway.org

NUWAY-ROCHESTER COUNSELING CENTER

300 11th Ave NW, Suite 112 Rochester, MN 55901 (AM Track)

(O) 507-225-0400 (F) 507-208-7737

Rochester.admissions@nuway.org

NUWAY-DULUTH COUNSELING CENTER

4615 Grand Ave W, Suite 300 Duluth, MN 55807 (AM Track)

(O) 218-207-2130 (F) 218-600-5485

Duluth.admissions@nuway.org

NUWAY-ST. CLOUD COUNSELING CENTER

1420 West St. Germain Street, Suite 104/105 St. Cloud, MN 56301 (AM & PMTrack)

(O) 320-314-1200 (F) 320-314-1497

stcloud.admissions@nuway.org

NUWAY-MANKATO COUNSELING CENTER

802 South Front Street, Mankato, MN 56001 (AM Track)

(O) 507-295-4940 (F) 507-295-4934

mankato.admissions@nuway.org

OUTPATIENT CONTINUING CARE

Designed for individuals of any gender who have completed a residential or an IOP program. Programming is 3 days/wk. focusing on recovery maintenance and relapse prevention skills. Clients are responsible for their own housing at this level of care (ASAM 1.0).

ST. PAUL NUWAY COUNSELING CENTER

545 7th Street West, St. Paul, MN 55102

(Virtual and in-person options)

(O) 612-235-4616 (F) 651-204-3939

op.admissions@nuway.org

RECOVERY RESIDENCE PARTNERS

NUWAY's recovery residence partners are easily accessible in the community and close to our intensive outpatient (IOP) counseling centers. The NUWAY Recovery Foundation provides recovery residence support up to \$550.00 per month toward program fees at an identified Recovery Residence partner for clients assessed as in need of housing and attending IOP at NUWAY®. Deposit and any difference beyond \$550.00 in monthly program fees are the responsibility of the client. Our website includes a filter tool to identify a recovery residence that best meets client needs. Visit nuway.org/provider-partners to utilize the filter option. For questions about a recovery residence please email us at RR@nuway.org.