



GROUP A

Shakopee Men's Residential Treatment Center Schedule

GROUP A MEDICATION TIME
7:30-7:45 AM

OPEN MEDICATION TIME
7:45-8:00 AM

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:30 AM							
6:45 AM		Chores	Chores	Chores	Chores	Chores	
7:00 AM	Chores	Breakfast 7:00 am-7:45 am	Breakfast 7:00 am-7:45 am	Breakfast 7:00 am-7:45 am	Breakfast 7:00 am-7:45 am	Breakfast 7:00 am-7:45 am	Chores
7:15 AM							
7:30 AM	Breakfast 7:30 am-8:30 am						Breakfast 7:30 am-8:30 am
7:45 AM							
8:00 AM		Meditation 8:00 am - 9:00 am 2nd Floor	Meditation 8:00 am - 9:00 am 2nd Floor	Meditation 8:00 am - 9:00 am 2nd Floor	Meditation 8:00 am - 9:00 am 2nd Floor	Meditation 8:00 am - 9:00 am 2nd Floor	
8:15 AM							
8:30 AM							
8:45 AM							
9:00 AM							
9:15 AM	Meditation 9:00 am-10:00 am						Meditation 9:00 am-10:00 am
9:30 AM		Primary Group 9:00 am - 11:00 am Primary Counselor's Office	Primary Group 9:00 am - 11:00 am Primary Counselor's Office	Primary Group 9:00 am - 11:00 am Primary Counselor's Office	Primary Group 9:00 am - 11:00 am Primary Counselor's Office	Primary Group 9:00 am - 11:00 am Primary Counselor's Office	
9:45 AM							
10:00 AM							
10:15 AM							
10:30 AM							
10:45 AM							
11:00 AM							
11:15 AM		Lunch 11:15 am-12:15pm	Lunch 11:15 am-12:15pm	Lunch 11:15 am-12:15pm	Lunch 11:15 am-12:15pm	Lunch 11:15 am-12:15pm	
11:30 AM							
11:45 AM	Lunch 11:30 am-12:30 pm						Lunch 11:30 am-12:30 pm
12:00 PM							
12:15 PM		Treatment Plan Topics 12:15 pm -1:15 pm 1st Floor	Relapse Prevention 12:15 pm-1:15 pm 3rd Floor	Self-Care Group 12:15 pm -1:15 pm 2nd Floor	Individual Sessions 11:45 am - 1:15 pm	Community Meeting 12:15 pm-1:15 pm 2nd Floor	
12:30 PM							
12:45 PM							
1:00 PM							
1:15 PM							
1:30 PM				Lecture: Topic 1:15 pm-2:15 pm 2nd Floor			
1:45 PM		Seeking Safety 1:15 pm - 3:15 pm 2nd Floor	Mental Health Recovery Group 1:15 pm - 3:15 pm 2nd Floor		Mental Health Recovery Group 1:15 pm - 3:15 pm 1st Floor	Mental Health Recovery Group 1:15 pm - 3:15 pm 2nd Floor	
2:00 PM				Treatment Plan Topics 2:15 pm - 3:15 pm 2nd Floor			
2:15 PM							
2:30 PM							
2:45 PM							
3:00 PM							
3:15 PM							
3:30 PM			Therapeutic Rec 3:15 pm - 4:15 pm 1st Floor				
3:45 PM							
4:00 PM		Individual Sessions 3:15 pm - 6:00 pm		Individual Sessions 3:15 pm - 6:00 pm	Individual Sessions 3:15 pm - 6:00 pm	Individual Sessions 3:15 pm - 6:00 pm	
4:15 PM							
4:30 PM			Individual Sessions 3:45 pm - 6:00 pm				
4:45 PM							
5:00 PM	Dinner 5:00 pm-6:00 pm	Dinner 5:00 pm-6:00 pm	Dinner 5:00 pm-6:00 pm	Dinner 5:00 pm-6:00 pm	Dinner 5:00 pm-6:00 pm	Dinner 5:00 pm-6:00 pm	Dinner 5:00 pm-6:00 pm
5:15 PM							
5:30 PM							
5:45 PM							
6:00 PM							
6:15 PM							
6:30 PM							
6:45 PM							
7:00 PM							
7:15 PM							
7:30 PM							
7:45 PM	Recovery Meeting 7:30 pm-8:30 pm	Recovery Meeting 7:30 pm-8:30 pm	Recovery Meeting 7:30 pm-8:30 pm	Recovery Meeting 7:30 pm-8:30 pm	Recovery Meeting 7:30 pm-8:30 pm		Recovery Meeting 7:30 pm-8:30 pm
8:00 PM	AA 2nd Fl NA 3rd Fl	AA 2nd Fl NA 3rd Fl	AA 2nd Fl NA 3rd Fl	AA 2nd Fl NA 3rd Fl	AA 2nd Fl NA 3rd Fl		AA 2nd Fl NA 3rd Fl
8:15 PM							
8:30 PM	10th Step Inventory 8:30 pm-9:00 pm	10th Step Inventory 8:30 pm-9:00 pm	10th Step Inventory 8:30 pm-9:00 pm	10th Step Inventory 8:30 pm-9:00 pm	10th Step Inventory 8:30 pm-9:00 pm	10th Step Inventory 8:30 pm-9:00 pm	10th Step Inventory 8:30 pm-9:00 pm
8:45 PM							
9:00 PM							
9:15 PM							
9:30 PM							
9:45 PM							
10:00 PM							
10:15 PM	Bedroom	Bedroom	Bedroom	Bedroom	Bedroom	Bedroom	Bedroom
10:30 PM							
10:45 PM							
11:00 PM	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out