



GROUP B

Shakopee Men's Residential Treatment Center

Schedule

GROUP B MEDICATION TIME
7:00-7:15 AM

OPEN MEDICATION TIME
7:45-8:00 AM

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:45 AM							
7:00 AM		Chores	Chores	Chores	Chores	Chores	
7:15 AM	Chores	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Chores
7:30 AM		7:00 am-7:45 am	7:00 am-7:45 am	7:00 am-7:45 am	7:00 am-7:45 am	7:00 am-7:45 am	
7:45 AM	Breakfast						Breakfast
8:00 AM	7:30 am-8:30 am						7:30 am-8:30 am
8:15 AM		Meditation	Meditation	Meditation	Meditation	Meditation	
8:30 AM		8:00 am - 9:00 am	8:00 am - 9:00 am	8:00 am - 9:00 am	8:00 am - 9:00 am	8:00 am - 9:00 am	
8:45 AM		3rd Floor	3rd Floor	3rd Floor	3rd Floor	3rd Floor	
9:00 AM							
9:15 AM							
9:30 AM	Meditation	Primary Group	Primary Group	Primary Group	Primary Group	Primary Group	Meditation
9:45 AM	9:00 am-10:00 am	9:00 am - 11:00 am	9:00 am - 11:00 am	9:00 am - 11:00 am	9:00 am - 11:00 am	9:00 am - 11:00 am	9:00 am-10:00 am
10:00 AM		Primary Counselor's Office	Primary Counselor's Office	Primary Counselor's Office	Primary Counselor's Office	Primary Counselor's Office	
10:15 AM							
10:30 AM							
10:45 AM							
11:00 AM							
11:15 AM							
11:30 AM		Lunch	Lunch	Lunch	Lunch	Lunch	
11:45 AM	Lunch	11:15 am-12:15pm	11:15 am-12:15pm	11:15 am-12:15pm	11:15 am-12:15pm	11:15 am-12:15pm	Lunch
12:00 PM	11:30 am-12:30 pm						11:30 am-12:30 pm
12:15 PM		Treatment Plan Topics	Relapse Prevention	Self-Care	Individual Sessions	Community Meeting	
12:30 PM		12:15 pm-1:15 pm	12:15 pm -1:15 pm	12:15 pm-1:15 pm	12:00 pm - 1:15 pm	12:15 pm-1:15 pm	
12:45 PM		3rd Floor	1st Floor	3rd Floor		3rd Floor	
1:00 PM							
1:15 PM		Seeking Safety	Mental Health	Lecture: Topic	Mental Health	Mental Health	
1:30 PM		1:15 pm - 3:15 pm	Recovery Group	1:15 pm-2:15 pm	Recovery Group	Recovery Group	
1:45 PM		1st Floor	3rd Floor	3rd Floor	2nd Floor	1st Floor	
2:00 PM				Treatment Plan Topics			
2:15 PM				2:15 pm - 3:15 pm			
2:30 PM				3rd Floor			
2:45 PM							
3:00 PM							
3:15 PM			Therapeutic Rec				
3:30 PM			3:15 pm - 4:15 pm				
3:45 PM			3rd Floor				
4:00 PM		Individual Sessions		Individual Sessions	Individual Sessions	Individual Sessions	
4:15 PM		3:15 pm - 5:15 pm		3:15 pm - 5:45 pm	3:15 pm - 5:45 pm	3:15 pm - 5:45 pm	
4:30 PM			Individual Sessions				
4:45 PM			4:15 pm - 5:15 pm				
5:00 PM							
5:15 PM	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
5:30 PM	5:00 pm-6:00 pm	5:00 pm-6:00 pm	5:00 pm-6:00 pm	5:00 pm-6:00 pm	5:00 pm-6:00 pm	5:00 pm-6:00 pm	5:00 pm-6:00 pm
5:45 PM							
6:00 PM							
6:15 PM							
6:30 PM							
6:45 PM							
7:00 PM							
7:15 PM							
7:30 PM							
7:45 PM	Recovery Meeting	Recovery Meeting	Recovery Meeting	Recovery Meeting	Recovery Meeting		Recovery Meeting
8:00 PM	7:30 pm-8:30 pm	7:30 pm-8:30 pm	7:30 pm-8:30 pm	7:30 pm-8:30 pm	7:30 pm-8:30 pm		7:30 pm-8:30 pm
8:15 PM	AA 2nd Fl NA 3rd Fl	AA 2nd Fl NA 3rd Fl	AA 2nd Fl NA 3rd Fl	AA 2nd Fl NA 3rd Fl	AA 2nd Fl NA 3rd Fl		AA 2nd Fl NA 3rd Fl
8:30 PM	10th Step Inventory	10th Step Inventory	10th Step Inventory	10th Step Inventory	10th Step Inventory	10th Step Inventory	10th Step Inventory
8:45 PM	8:30 pm-9:00 pm	8:30 pm-9:00 pm	8:30 pm-9:00 pm	8:30 pm-9:00 pm	8:30 pm-9:00 pm	8:30 pm-9:00 pm	8:30 pm-9:00 pm
9:00 PM							
9:15 PM							
9:30 PM							
9:45 PM							
10:00 PM							
10:15 PM	Bedroom	Bedroom	Bedroom	Bedroom	Bedroom	Bedroom	Bedroom
10:30 PM							
10:45 PM							
11:00 PM	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out