



# GROUP C

## Shakopee Men's Residential Treatment Center Schedule

GROUP C MEDICATION TIME  
7:15-7:30 AM

OPEN MEDICATION TIME  
7:45-8:00 AM

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
6:45 AM		Chores	Chores	Chores	Chores	Chores					
7:00 AM											
7:15 AM		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast					
7:30 AM	Chores	7:00 am-7:45 am	7:00 am-7:45 am	7:00 am-7:45 am	7:00 am-7:45 am	7:00 am-7:45 am	Chores				
7:45 AM											
8:00 AM	Breakfast	Meditation	Meditation	Meditation	Meditation	Meditation	Breakfast				
8:15 AM	7:30 am-8:30 am	8:00 am - 9:00 am	8:00 am - 9:00 am	8:00 am - 9:00 am	8:00 am - 9:00 am	8:00 am - 9:00 am	7:30 am-8:30 am				
8:30 AM		1st Floor	1st Floor	1st Floor	1st Floor	1st Floor					
8:45 AM											
9:00 AM	Meditation	Primary Group 9:00 am - 11:00 am Primary Counselor's Office	Primary Group 9:00 am - 11:00 am Primary Counselor's Office	Primary Group 9:00 am - 11:00 am Primary Counselor's Office	Primary Group 9:00 am - 11:00 am Primary Counselor's Office	Primary Group 9:00 am - 11:00 am Primary Counselor's Office	Meditation				
9:15 AM	9:00 am-10:00 am						9:00 am-10:00 am				
9:30 AM											
9:45 AM											
10:00 AM											
10:15 AM											
10:30 AM											
10:45 AM											
11:00 AM							Individual Sessions	Individual Sessions	Individual Sessions	Individual Sessions	Individual Sessions
11:15 AM							11:00 pm - 11:45 pm	11:00 pm - 11:45 pm	11:00 pm - 11:45 pm	11:00 pm - 11:45 pm	11:00 pm - 11:45 pm
11:30 AM	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch					
11:45 AM	11:30 pm-12:30 pm	11:15 am-12:15 pm	11:15 am-12:15 pm	11:15 am-12:15 pm	11:15 am-12:15 pm	11:15 am-12:15 pm					
12:00 PM		Treatment Plan Topics	Relapse Prevention	Self-Care Group	Individual Sessions	Community Meeting					
12:15 PM		12:15 pm-1:15 pm	12:15 pm - 1:15 pm	12:15 pm - 1:15 pm	12:15 pm - 1:15 pm	12:15 pm-1:15 pm					
12:45 PM		2nd Floor	2nd Floor	1st Floor	1st Floor	1st Floor					
1:00 PM		Seeking Safety 1:15 pm - 3:15 pm 3rd Floor	Mental Health Recovery Group 1:15 pm - 3:15 pm 1st Floor	Lecture: Topic	Mental Health Recovery Group 1:15 pm - 3:15 pm 3rd Floor	Mental Health Recovery Group 1:15 pm - 3:15 pm 3rd Floor					
1:15 PM				1:15 pm - 2:15 pm							
1:30 PM				1st Floor							
1:45 PM				Treatment Plan Topics							
2:00 PM				2:15 pm-3:15 pm							
2:15 PM				1st Floor							
2:30 PM				Therapeutic Rec 3:15 pm-4:15 pm 2nd Floor			Individual Sessions 3:15 pm-5:30 pm	Individual Sessions 3:15 pm-5:30 pm	Individual Sessions 3:15 pm-5:30 pm		
2:45 PM											
3:00 PM											
3:15 PM											
3:30 PM		Individual Sessions	Individual Sessions	Individual Sessions	Individual Sessions						
3:45 PM		3:15 pm-5:30 pm	3:15 pm-5:30 pm	3:15 pm-5:30 pm	3:15 pm-5:30 pm						
4:00 PM											
4:15 PM											
4:30 PM											
4:45 PM											
5:00 PM											
5:15 PM											
5:30 PM	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner					
5:45 PM	5:00 pm-6:00 pm	5:00 pm-6:00 pm	5:00 pm-6:00 pm	5:00 pm-6:00 pm	5:00 pm-6:00 pm	5:00 pm-6:00 pm					
6:00 PM											
6:15 PM											
6:30 PM											
6:45 PM											
7:00 PM											
7:15 PM											
7:30 PM	Recovery Meeting	Recovery Meeting	Recovery Meeting	Recovery Meeting	Recovery Meeting	Recovery Meeting					
7:45 PM	7:30 pm-8:30 pm	7:30 pm-8:30 pm	7:30 pm-8:30 pm	7:30 pm-8:30 pm	7:30 pm-8:30 pm	7:30 pm-8:30 pm					
8:00 PM	AA 2nd Fl NA 3rd Fl	AA 2nd Fl NA 3rd Fl	AA 2nd Fl NA 3rd Fl	AA 2nd Fl NA 3rd Fl	AA 2nd Fl NA 3rd Fl	AA 2nd Fl NA 3rd Fl					
8:15 PM											
8:30 PM	10th Step Inventory	10th Step Inventory	10th Step Inventory	10th Step Inventory	10th Step Inventory	10th Step Inventory					
8:45 PM	8:30 pm-9:00 pm	8:30 pm-9:00 pm	8:30 pm-9:00 pm	8:30 pm-9:00 pm	8:30 pm-9:00 pm	8:30 pm-9:00 pm					
9:00 PM											
9:15 PM											
9:30 PM											
9:45 PM											
10:00 PM											
10:15 PM	Bedroom	Bedroom	Bedroom	Bedroom	Bedroom	Bedroom					
10:30 PM											
10:45 PM											
11:00 PM	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out					