

## MEN'S RESIDENTIAL TREATMENT CENTER – SHAKOPEE

1250 LINCOLN STREET, SHAKOPEE, MN 55379 P: 952-208-1109 F: 952-208-1126

## **Packing List**

- 1 Weeks' Worth of Clothing (clients have access to laundry facilities and detergent is provided)
- Toiletry/Hygiene Products (including unopened bottles of shampoo, conditioner, body wash, toothpaste, razors, and toothbrushes)
- Towel
- 30 Day Supply of Medications, if Possible
- A Cup/Mug with Lid
- Clock and/or Small Fan
- Down Time Activities (Books, Puzzles, Sketchbooks)
- NSR will provide bedding, but clients are welcome to bring their own. Each client is provided one pillow; any additional bedding must be supplied by the client
- Non Perishable Snacks
- Nicotine cigarettes and disposable vapes (unopened and non-chargeable) are allowed in designated smoking areas. Only unopened products will be allowed

## **REMINDERS**

- Storage Space is Limited.
   Clients are allowed One
   Suitcase and One
   Backpack
- ALL clients will have a roommate
- Visiting is Wednesdays from 3:30-5:00pm.
   Clients must be in their 2<sup>nd</sup> full week and have approval from their counselor to participate in visiting

## **Prohibited Items**

Tank Tops or clothing depicting drugs and/or alcohol
Products containing alcohol (mouthwash, cologne, etc.)
Single Blade or Straight Razor
Protein Powers, Preworkout, Non Prescription Supplements
Energy Drinks
Microwave Popcorn
Items that could be used as a weapon (Screwdrivers, Hammers, Etc.)
Valuables/Important Documents
Electronics (cellphone, tablet, laptop, smart watch)

Cigars Video Games