



# Kevin Blonigen, MA, LP

## *Telehealth Only*

Kevin Blonigen is a master's-level Licensed Psychologist (LP) with over 30 years of clinical experience. His undergraduate degree in psychology is from the University of Minnesota, and his Master's degree is from Adler Graduate School. His experience includes outreach ministry with urban youth in Minneapolis as an undergraduate, over eight years caring for inpatient adolescents while doing his graduate coursework, and providing group and individual therapy in an outpatient Community Mental Health program. Upon completing graduate school, he contracted with Carver County Community Services to provide in-home family and individual therapy. Kevin has worked in private practice since 2003. Areas of specialty include, but are not limited to, CBT for treating anxiety and depression disorders, children and adults living with AD/HD, and families in transition.



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## Kevin Blonigen, MA, LP

**Works with:** Children (ages 6+), Adolescents, Adults, Couples, Families

- Affective Disorders
- Anger Management
- Anxiety Disorders
- Attention Deficit Disorders (ADD/ADHD)
- Autism Spectrum
- Behavior Modification
- Blended Families
- Bipolar Disorder
- Chemical dependency/Substance Use
- Child Abuse
- Childhood Behavior Disturbances
- Co-dependence
- Communication Skills
- Depression
- Divorce/Separation Issues
- Dual Diagnosis–*Developmental Disability & Mental Health*
- Dual Diagnosis–*Substance Abuse and Mental Health*
- Encopresis
- Enuresis
- Family Violence
- Learning Disabilities
- Learning Disorders
- Marital Conflicts
- Marriage and Family Therapy
- Mental Health Assessments
- Obsessive Compulsive Disorder
- Oppositional Defiant Disorder
- Panic Disorder
- Parenting Skills
- Phobias
- Play Therapy
- Post-Traumatic Stress Disorder (PTSD)
- Relationship Issues
- Serious and Persistent Mental Illness

