

MEN'S RESIDENTIAL TREATMENT CENTER – OTSEGO

10990 95th STREET, OTSEGO MN 55362

P: 763-515-4508

F: 763-898-3143

Packing List

- 1 Weeks' Worth of Clothing (clients have access to laundry facilities and detergent is provided)
- Toiletry/Hygiene Products (including unopened bottles of shampoo, conditioner, body wash, toothpaste, razors, and toothbrushes)
- Towel
- 30 Day Supply of Medications, if Possible
- A Cup/Mug with Lid
- Clock and/or Small Fan
- Down Time Activities (Books, Puzzles, Sketchbooks)
- Perishable or Non-Perishable Snacks and Drinks
- NSR will provide bedding, but clients are welcome to bring their own. Each client is provided one pillow; any additional bedding must be supplied by the client
- Nicotine cigarettes are allowed in designated smoking areas. Only unopened products will be allowed

REMINDERS

- *Storage Space is Limited. Clients are allowed One Suitcase and One Backpack*
 - *ALL clients will have a roommate*
 - *Visiting is Wednesdays from 6:00-8:30pm. Clients must be in their 2nd full week and have approval from their counselor to participate in visiting*
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Prohibited Items

Tank Tops or clothing depicting drugs and/or alcohol

Products containing alcohol (mouthwash, cologne, etc.)

Single Blade or Straight Razor

Protein Powers, Preworkout, Non Prescription Supplements

Energy Drinks

Items that could be used as a weapon (Screwdrivers, Hammers, Etc.)

Valuables/Important Documents

Electronics (cellphone, tablet, laptop, smart watch)

Cigars/Vapes

Video Games