

## **MEN'S RESIDENTIAL TREATMENT CENTER – SHAKOPEE**

1250 LINCOLN STREET, SHAKOPEE, MN 55379

P: 952-208-1109

F: 952-208-1126

### **Packing List**

- 1 Weeks' Worth of Clothing (clients have access to laundry facilities and detergent is provided)
- Toiletry/Hygiene Products (including unopened bottles of shampoo, conditioner, body wash, toothpaste, razors, and toothbrushes)
- Towel
- 30 Day Supply of Medications, if Possible
- A Cup/Mug with Lid
- Clock and/or Small Fan
- Down Time Activities (Books, Puzzles, Sketchbooks)
- NSR will provide bedding, but clients are welcome to bring their own. Each client is provided one pillow; any additional bedding must be supplied by the client
- Non Perishable Snacks
- Nicotine cigarettes are allowed in designated smoking areas. Only unopened products will be allowed

---

### **REMINDERS**

---

- *Storage Space is Limited. Clients are allowed One Suitcase and One Backpack*
  - *ALL clients will have a roommate*
  - *Visiting is Wednesdays from 3:30-5:00pm. Clients must be in their 2<sup>nd</sup> full week and have approval from their counselor to participate in visiting*
- 

### **Prohibited Items**

*Tank Tops or clothing depicting drugs and/or alcohol*  
*Products containing alcohol (mouthwash, cologne, etc.)*  
*Single Blade or Straight Razor*  
*Protein Powers, Preworkout, Non Prescription Supplements*  
*Energy Drinks*  
*Microwave Popcorn*  
*Items that could be used as a weapon (Screwdrivers, Hammers, Etc.)*  
*Valuables/Important Documents*  
*Electronics (cellphone, tablet, laptop, smart watch)*  
*Cigars/Vapes*  
*Video Games*